

Bike and Running Routes for the Race Montana Triathlon

1. Adult Bike

SPRINT: <http://legacy.usatf.org/routes/view.asp?rID=511940>

OLYMPIC: <http://legacy.usatf.org/routes/view.asp?rID=571073>

2. Adult Run

SPRINT: <http://legacy.usatf.org/routes/view.asp?rID=511849>

OLYMPIC: <http://legacy.usatf.org/routes/view.asp?rID=571070>

3. Youth Long Course Bike & Adult “Try a Tri”

<http://legacy.usatf.org/routes/view.asp?rID=511848>

4. Youth Long Course Run & Adult “Try a Tri”

<http://legacy.usatf.org/routes/view.asp?rID=511844>

5. Youth Short Course Bike

[http:// legacy.usatf.org/routes/view.asp?rID=607692](http://legacy.usatf.org/routes/view.asp?rID=607692)

6. Youth Short Course Run

<https://legacy.usatf.org/routes/view.asp?rID=511842>